

Monday, October 23, 2017



BELL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28
FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57
Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13
LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53
Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09
Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25



Are you at school early?

Looking for a place to relax
before class?



Want some coffee, tea, cereal
or toast to start your day?

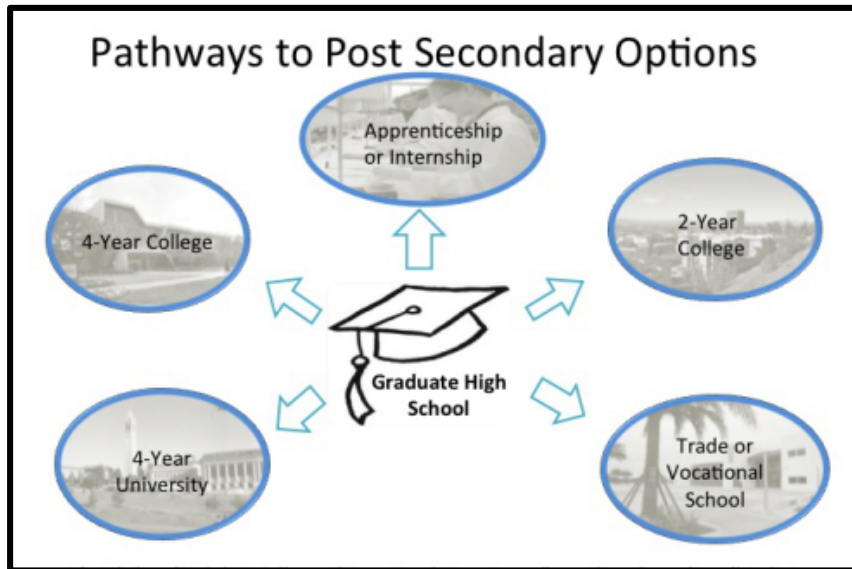
Come play some games, listen to
music, make something creative, chat
with others or even just chill

**Come to ROOM 231
EVERY MORNING 8:30-9:15**



Post-Secondary Information Sessions this week:

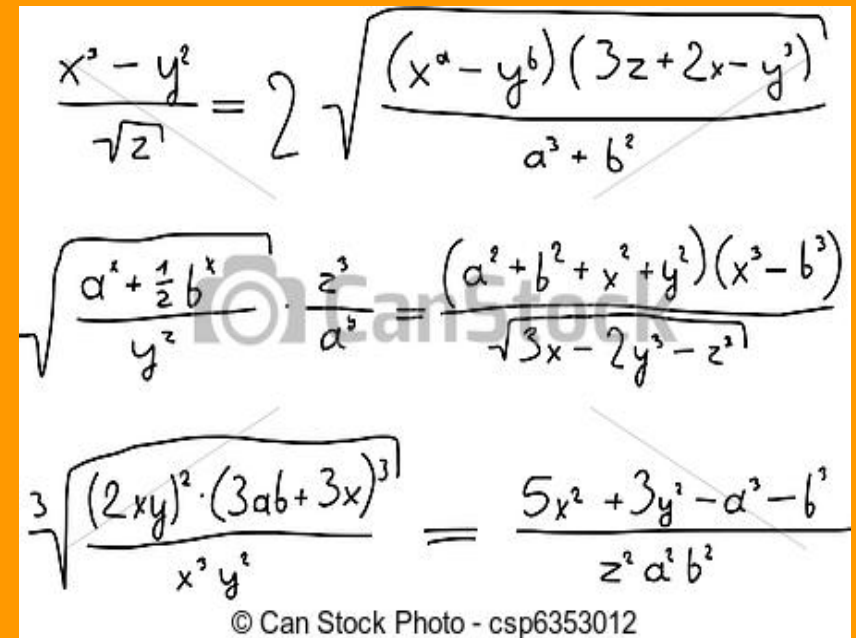
- **Monday October 23 Western University 8 am Library**
- **Thursday October 26 Beedie School of Business @ lunch in the library computer lab**



Math League Contest #1

Today (Monday, Oct. 23rd) after school in room 242

- 6 questions in 30 minutes
- Open to all levels
- Please bring \$2



Handwritten mathematical equations:

$$\frac{x^2 - y^2}{\sqrt{z}} = 2 \sqrt{\frac{(x^a - y^b)(3z + 2x - y^3)}{a^3 + b^3}}$$
$$\sqrt{\frac{a^x + \frac{1}{2}b^x}{y^2}} \cdot \frac{z^3}{a^2} = \frac{(a^2 + b^2 + x^2 + y^2)(x^3 - b^3)}{\sqrt{3x - 2y^3 - z^2}}$$
$$\sqrt[3]{\frac{(2xy)^2 \cdot (3ab + 3x)^3}{x^2 y^2}} = \frac{5x^2 + 3y^2 - a^3 - b^3}{z^2 a^2 b^2}$$

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Guests for Dinner Dance and After Grad

YOU WILL BE REQUESTED TO FILL OUT A GUEST FORM IN APRIL

ADMINISTRATORS CALL YOUR GUEST'S SCHOOL TO GET A SENSE OF ANY CONCERNS/BEHAVIORS

CRITERIA FOR A GUEST

GRADE 11 OR ONE YEAR OUT OF SCHOOL (GR.12+ 1)

WE'LL NEED PICTURE ID WITH THEIR BIRTH YEAR VISIBLE (DRIVER'S LICENCE)

THINGS TO CONSIDER:

YOU ARE RESPONSIBLE FOR YOUR GUEST AND THEIR BEHAVIOUR

SCHOOL FUNCTION= SCHOOL READY

THE LOST & Found BIN
Your stuff misses YOU too.

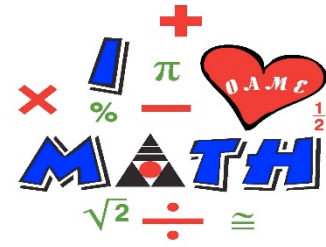
Are you missing a FitBit??

Please come to the main office to claim.



Heritage Woods Secondary School

**Sign up for the CSMC and CIMC
Math contests!**



Register with Ms. Mason in room 305.

Deadline is November 1st!

Contest date is Nov. 22nd

x

y

**ARE YOU A GRADE 12 STUDENT WHO IS FEELING
OVERWHELMED WITH QUESTIONS REGARDING
UNIVERSITY, COLLEGE, APPLICATIONS**

..... if so, you should come to the Career Centre in the office and sign-up for a “Q & A, Lunch & Munch” session with counsellor/career resource staff who will help answer the questions that are keeping you awake at night!!!

**→SIGN UP STARTS THIS WEEK AND LUNCH SESSIONS RUN ON
THE FOLLOWING DAYS:**

**October 23, 24, 25, 26, 30
November 1, 2**

KODIAK ATHLETICS



Field Hockey Results

Last Tuesday, the team lost in overtime 2-1 to Gleaneagle and played a championship game vs a very equally matched opponent! Thursday was more of a wet and soggy battle vs Centennial to which our girls controlled 80% of the game play.

Heritage vs. Gleneagle Loss 2-1 OT

Heritage vs. Centennial 2-1 Win

3rd Place in District Play-offs!!!



CROSS COUNTRY TEAM



- **There will be a brief cross country meeting Tuesday at the beginning of lunch for all runners. District Championships is this Wednesday.**



Congratulations Cross Country Senior Girls 2nd Place Fraser Valley Championships



Congratulations Cross Country Runner Senior Boys 3rd Place, Junior Boys 10th Place Keira Johansen 27th



HWSS WRESTLING TEAM



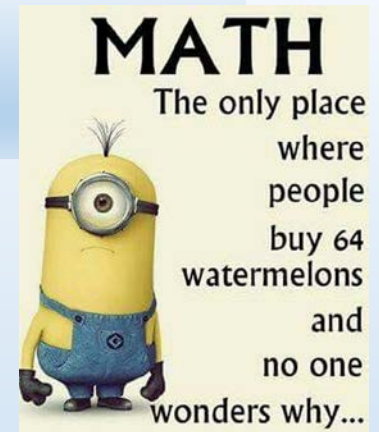
New and returning wrestlers there is a Wrestling Team meeting scheduled for Friday, November 3rd at 12:20 pm in the Mat Room.

Wrestling

KODIAK CLUBS



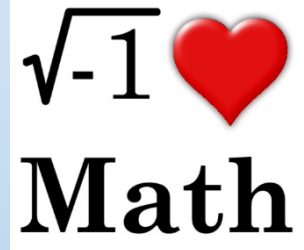
Math Club



Interested in...

- **Math contests?**
- **Math games or races?**

Or just LOVE math?



**Math Club meetings on Mondays after school
in Ms. Weinkam's Room (242).**



**SKI & SNOWBOARD
CLUB**

SIGN UP IN ROOM 314

**FIRST TRIP:
DECEMBER 9TH**

REPEAT NOTICES



HWSS LANYARDS – \$5.00

HWSS Lanyards are available to purchase from the main office.

\$5.00

